



November 2024

Houston Gateway Academy  
Lunch HS

|   |  |   |  |   |           |
|---|--|---|--|---|-----------|
|   |  |   |  |   | <b>01</b> |
|   | <b>04</b>  | <b>05</b>   | <b>06</b>  | <b>07</b>   | <b>08</b> |
| <b>Lunch Entree</b><br>Chicken Tenders & Ketchup<br><b>Vegetables</b><br>Diced Potatoes<br>Broccoli<br><b>Fruit</b><br>Raisins<br>Apple Juice<br><b>Grains</b><br>Dinner Roll | <b>Lunch Entree</b><br>Chicken Parmesan Penne Pasta<br><b>Vegetables</b><br>Vegetable Blend<br><b>Fruit</b><br>Orange<br>Apple Juice<br><b>Grains</b><br>Dinner Roll | <b>Lunch Entree</b><br>Oven-fried Chicken Drumstick<br><b>Vegetables</b><br>Pinto Beans<br>Onion Rings<br><b>Fruit</b><br>Red Apple Slices<br>Apple Juice                               | <b>Lunch Entree</b><br>Chicken Smackers with Mac & Cheese<br><b>Vegetables</b><br>Green Beans<br>Corn<br><b>Fruit</b><br>Apple Crisps<br>Apple Juice   | <b>Lunch Entree</b><br>Turkey & Beef Pepperoni Pizza<br><b>Vegetables</b><br>Diced Carrots<br>Broccoli<br><b>Fruit</b><br>Diced Peaches<br>Apple Juice            |           |
| <b>11</b>   | <b>12</b>  | <b>13</b>   | <b>14</b>  | <b>15</b>   |           |
| <b>Lunch Entree</b><br>Cheeseburger<br><b>Vegetables</b><br>Wedge Cut Fries<br>Green Beans<br><b>Fruit</b><br>Cherry Craisins<br>Apple Juice                                  | <b>Lunch Entree</b><br>Mini Chicken Corn Dogs<br><b>Vegetables</b><br>Pinto Beans<br>Diced Carrots<br><b>Fruit</b><br>Orange<br>Apple Juice                          | <b>Lunch Entree</b><br>Rotini & Meatballs<br><b>Vegetables</b><br>Green Beans<br><b>Fruit</b><br>Red Apple Slices<br>Apple Juice<br><b>Grains</b><br>Dinner Roll                        | <b>Lunch Entree</b><br>HLB Beef Fiesta Chili<br><b>Vegetables</b><br>Sautéed Corn & Peppers<br><b>Fruit</b><br>Apple Crisps<br>Apple Juice<br><b>Grains</b><br>Cheesy Cornbread Muffin   | <b>Lunch Entree</b><br>Italian Pull Apart Cheese & Garlic Bread<br><b>Vegetables</b><br>Diced Carrots<br>Broccoli<br><b>Fruit</b><br>Diced Peaches<br>Apple Juice |           |
| <b>18</b>   | <b>19</b>  | <b>20</b>   | <b>21</b>  | <b>22</b>   |           |
| <b>Lunch Entree</b><br>All Beef Hot Dog<br><b>Vegetables</b><br>Crinkle Cut Fries<br>Green Beans<br><b>Fruit</b><br>Craisins<br>Apple Juice                                   | <b>Lunch Entree</b><br>Beef & Cheese Quesadilla<br><b>Vegetables</b><br>Pinto Beans<br>Diced Carrots<br><b>Fruit</b><br>Orange<br>Apple Juice                        | <b>Lunch Entree</b><br>Chicken Smackers & BBQ Sauce<br><b>Vegetables</b><br>Corn<br>Broccoli<br><b>Fruit</b><br>Red Apple Slices<br>Apple Juice<br><b>Grains</b><br>Cornbread Mini Loaf | <b>Lunch Entree</b><br>Roast Turkey & Gravy<br><b>Vegetables</b><br>Mashed Potatoes<br>Green Beans<br><b>Fruit</b><br>Whole Berry Cranberry Sauce<br>Apple Juice<br>Craisins<br><b>Grains</b><br>Cornbread Dressing<br>Dinner Roll |   |           |
| <b>25</b>   | <b>26</b>  | <b>27</b>   | <b>28</b>  | <b>29</b>   |           |
| No School   | No School  | No School   | No School  | No School   |           |

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.