



# September 2024

## Houston Gateway Academy Lunch Preschool - HGA

<p><b>02</b></p>	<p><b>Lunch Entree</b> Chicken Smackers &amp; Ketchup <b>Vegetables</b> Creamed Corn <b>Fruit</b> Sliced Oranges</p>	<p><b>03</b></p> <p><b>Lunch Entree</b> Chicken Fajita Walking Taco <b>Vegetables</b> Green Beans <b>Fruit</b> Red Apple Slices</p>	<p><b>04</b></p> <p><b>Lunch Entree</b> Savory Beef Meatloaf <b>Vegetables</b> Mashed Potatoes <b>Fruit</b> Apple Juice <b>Grains</b> Dinner Roll</p>	<p><b>05</b></p> <p><b>Lunch Entree</b> Turkey &amp; Beef Pepperoni Pizza <b>Vegetables</b> Diced Carrots <b>Fruit</b> Sliced Peaches</p>
<p><b>09</b></p> <p><b>Lunch Entree</b> NEW!! Bird Dog: Chicken Tender Sandwich <b>Vegetables</b> Creamed Corn <b>Fruit</b> Applesauce</p>	<p><b>10</b></p> <p><b>Lunch Entree</b> Beef &amp; Cheese Taco <b>Vegetables</b> Pinto Beans <b>Fruit</b> Sliced Oranges</p>	<p><b>11</b></p> <p><b>Lunch Entree</b> Chicken Smackers with Mac &amp; Cheese <b>Vegetables</b> Broccoli <b>Fruit</b> Red Apple Slices</p>	<p><b>12</b></p> <p><b>Lunch Entree</b> Breakfast for Lunch: Scrambled Eggs &amp; French Toast Sticks <b>Vegetables</b> Tater Tots <b>Fruit</b> Apple Crisps</p>	<p><b>13</b></p> <p><b>Lunch Entree</b> Cheese Pizza <b>Vegetables</b> Diced Carrots <b>Fruit</b> Sliced Peaches</p>
<p><b>16</b></p> <p><b>Lunch Entree</b> Breaded Whole Muscle Chicken Sandwich <b>Vegetables</b> NEW!! Waffle Fries <b>Fruit</b> Applesauce</p>	<p><b>17</b></p> <p><b>Lunch Entree</b> Cheeseburger Mac <b>Fruit</b> Sliced Oranges</p>	<p><b>18</b></p> <p><b>Lunch Entree</b> Beef Tamales <b>Vegetables</b> Pinto Beans <b>Fruit</b> Red Apple Slices</p>	<p><b>19</b></p> <p><b>Lunch Entree</b> Crispy Orange Chicken with Rice <b>Vegetables</b> Diced Carrots <b>Fruit</b> Apple Juice</p>	<p><b>20</b></p> <p><b>Lunch Entree</b> Pizza Crunchers <b>Vegetables</b> Zucchini Slices <b>Fruit</b> Sliced Peaches</p>
<p><b>23</b></p> <p><b>Lunch Entree</b> Chicken Tenders &amp; Ketchup <b>Vegetables</b> Diced Potatoes <b>Fruit</b> Applesauce</p>	<p><b>24</b></p> <p><b>Lunch Entree</b> Chicken Parmesan Penne Pasta <b>Vegetables</b> Vegetable Blend <b>Fruit</b> Sliced Oranges</p>	<p><b>25</b></p> <p><b>Lunch Entree</b> Cheeseburger <b>Vegetables</b> Green Beans <b>Fruit</b> Red Apple Slices</p>	<p><b>26</b></p> <p><b>Lunch Entree</b> Loaded Tot-chos: Tater Tots with Ground Beef &amp; Queso <b>Fruit</b> Apple Juice</p>	<p><b>27</b></p>
<p><b>30</b></p> <p><b>Lunch Entree</b> Mini Chicken Corn Dogs <b>Vegetables</b> Diced Potatoes <b>Fruit</b> Applesauce</p>				

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.